

CLUB ROSTER 2022-23

Rtn. Geeta Sigdel (PHF)

President

Classification: Co-operative Management
Simalchaur Co-operative
Spouse: Subash Sigdel CH: 2
Tel: 061-525191 (O), 061-520916 (R)
Cell: 9846325242
Email: geetasigdel@gmail.com
DOB: 20 Chaitra WA: 25 Ashad
Blood: O+ve



Rtn. Subarna Prasad Koirala (MPHF)

Immediate Past President

Classification: Gas Industry
Bhanu Gas Udhog Pvt. Ltd., Pokhara
Spouse: Parbati Koirala CH: 3
Tel: 014-375315 (O)
Cell: 9856025142
Email: bhanukoirala123@yahoo.com
DOB: 15 Ashad WA: 28 Ashad
Blood: A+ve



Rtn. Ram Bikram Adhikari (PHF)

President Elect

Classification: Insurance
Spouse: Laxmi Basnet Adhikari CH: 1
Pokhara-10, Buddha Chowk
Tel: 061-533453, Cell: 9856021309
Email: rambikram309@gmail.com
DOB: 5 Mangsir WA: 29 Mangsir
Blood: A-ve



Rtn. Dipendra Sharma (PHF)

President Nominee

Classification: Grocery/Media Business
Bahunbaje Stores, Buddhachowk
Spouse: Bina Sharma CH: 2
Tel: 065-570230 (O), 061-550024 (R)
Cell: 9856020474
Email: rtdipendra2028@gmail.com
DOB: 12 Ashad WA: 1 Ashad
Blood: B+ve



Rtn. Dinbandhu Gautam (PHF)

1st Vice President

Classification: Electrical Engineering
Spouse: Kalpana Gautam CH: 2
Tel: 061-521160 (R)
Cell: 9856070977
Email: dbgautam@gmail.com
DOB: 27 Bhadra WA: 26 Magh
Blood: A+ve



Rtn. Amrit Raj Bastola (MPHF)

2nd Vice President

Classification: Banking Management
NMB Bank Ltd., Gandaki Province
Spouse: Laxmi Kumari Aryal CH: 2
Tel: 061-528413/14 (O), 061-536183 (R)
Cell: 9856020283
Email: abastola54@gmail.com
DOB: 29 Kartik WA: 17 Mangsir
Blood: A+ve



Rtn. Chhabilal Subedi (PHF)

Secretary

Classification: Media
Spouse: Saraswati Subedi CH: 3
Tel: 061-544648, Cell: 9856031300
Email: namastepokharastudio@gmail.com
DOB: 16 Baishakh WA: 21 Magh
Blood: O+ve



Rtn. Narendra Bastola (PHF)

Treasurer

Classification: Hospital Management
Spouse: Rita Bhattarai Bastola CH: 2
Tel: 061-560059 (R)
Cell: 9856030059
Email: narendrabastola@gmail.com
DOB: 13 Jestha WA: 32 Jestha
Blood: O+ve



Rtn. Georgina Bhurtel Bhattarai (PHF)

Joint Secretary

Classification: Co-operative Management
Spouse: Krishna Bhattarai
Pokhara-8, Simalchaur
Tel: 061-539653 (R), 061-525191 (O)
Cell: 9856035653
DOB: 12 April WA: 19 Baishakh
Blood: B+ve



Rtn. Tubaraj Bastola 'Bishal' (PHF)

Director/Chair-Membership (President 2016-17)

Classification: Academic Management
Spouse: Kamala K. Bastola (Adhikari) CH: 2
Pokhara-11
Tel: 061-535800 (R)
Cell: 9856023800
Email: write2bastola@gmail.com
DOB: 18 Falgun WA: 17 Jestha
Blood: O+ve



Rtn. Prem Prasad Sharma (MPHF)

Director/Chair-TRF (President 2017-18)

Classification: Books & Stationaries
Spouse: Durga K. Sharma Baral
Tel: 061-463203 (O), 061-461816 (R)
Cell: 9856020303
Email: mandalaprem@hotmail.com
DOB: 14 Chaitra WA: 29 Magh
Blood: B+ve



Rtn. Muniram Sharma Pokhrel (PHF)

Director/Chair-Service Project

Classification: Education Consultant
M&S Education, Chiplebunga, Pokhara
Tel: 061-574833 (O)
Cell: 9827166407
Email: muniramsharma87@gmail.com
DOB: 22 June, Blood: O+ve



Rtn. Durga Kumari Baral Sharma (PHF)

Director/Chair-Club Administration

Classification: Book and Stationary
Nepal Mandala Book Shop, Lakeside
Spouse: Prem Prasad Sharma CH: 2
Tel: 061-463203 (O), 061-461816 (R)
Cell: 9846051201
Email: durganmbs@gmail.com
DOB: 22 Falgun WA: 29 Magh
Blood: O+ve



Rtn. Babin Darji Bagdash (PHF)

Director/Chair-Public Relation

Classification: Tailor Merchant
Babin Tailoring & Shirting Shuiting
Spouse: Bimala Devi Darji CH: 2
Tel: 061-527420 (O), Cell: 9857640446
babin.bagdas@gmail.com
DOB: 28 July WA: 20 Dec
Blood: A+ve



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Rtn. Rabindra Sharma (PHF)

Sgt-at-arms

Classification: Grocery Wholesaler
Spouse: Meena Kumari Dhakal Sharma
Masbar, Pokhara-7
Tel: 061-532292 (R) Cell: 9856023474
Email: ma.rabisharma@gmail.com
DOB: 26 Falgun WA: 3 Ashad
Blood: A+ve

CH:2



Rtn. Subash Sigdel (MPHF)

Club Editor (President 2013-14)

Classification: Tourism
Basudha Tours & Travels
Spouse: Geeta Sigdel
Tel: 061-520916 (R)
Cell: 9856020916
Email: subashsigdel.rotary3292@gmail.com
DOB: 20 Mangsir WA: 25 Ashad
Blood: O-ve

CH: 2



Rtn. Dinesh Chandra Banstola (MPHF)

Chair-Youth Service (President 2019-20)

Classification: Offset Press
The Modern Offset Press, Pokhara
Spouse: Jamuna Bastola
Tel: 061-527657 (O), 061-521352 (R)
Cell: 9856022352
Email: rtdineshbanstola@gmail.com
DOB: 8 Baishakh WA: 18 Jestha
Blood: O+ve

CH:2



Rtn. Dilip Raj Shrestha (PHS)

Club Mentor (President 2014-15)

Classification: Sanitaryware & Hardware Retailing
Spouse: Sarmila Shrestha
Tel: 061-571309 (O), 061-521047 (R)
Cell: 9856020309
Email: sbabadilip@gmail.com
DOB: 17 May WA: 31 May
Blood: A+ve



Rtn. Puspa Kamal Poudel (MPHF)

Club Trainer (President 2018-19)

Classification: Hydropower Industry
Spouse: Ganga Kumari Parajuli Poudel
Tel: 061-525750 (R)
Cell: 9856030063
Email: unvolunteer@gmail.com
DOB: 28 Chaitra WA: 12 Mangsir
Blood: A+ve

CH: 2



Rtn. Abraham Khan (MPHF)

Chair-Fundraising

Classification: Medical Tourism
Spouse: Kamala Gurung Khan
Cell: 9856022185, 9851087114
Email: abrahamk21@yahoo.com
DOB: 21 Nov WA: 25 April
Blood: A+ve



Rtn. Ashok Raj Parajuli (PHF)

IT Officer

Classification: Academia /IT
Gandaki College of Engineering and Science
Add: Pokhara-4, Parajuli Marga
Spouse: Sabita Sharma
Tel: 061-585134, Cell: 9856024523
Email: ashokparajuli@gces.edu.np, ashokparajuli@gmail.com
DOB: 28 Feb WA: 10 Feb
Blood: O+ve

CH:2



Rtn. Rabi Prasad Baral (MPHF)

Charter President (2010-2012)

Classification: Education Counselling
Spouse: Kamala Baral
Tel: 061-501415
Cell: 9856025615
Email: rabibaral@gmail.com
DOB: 16 Kartik WA: 19 Jestha
Blood: A+ve

CH:3



Rtn. Shivalal Malla (MPHF)

President 2012-13

Classification: Textile Retailing
Spouse: Nirmala Malla
Pokhara-8, Newroad
Tel: 061-520618 (O), 061-530618 (R)
Cell: 9856020166
Email: shivamalla1@gmail.com
DOB: 7 April/ 25 Chaitra WA: 22 April
Blood: A+ve

CH:2



Rtn. Pashupati Sharma (MPHF)

President 2020-21

Classification: Tourism
Spouse: Januka Regmi
Tel: 061-528521 (R)
Cell: 9856021837
Email: sharmapkr12@yahoo.com
DOB: 3 Poush WA: 19 Mansir
Blood: A+ve

CH: 2



Mr. Dhanraj Acharya (Mayor Pokhara Metropolitan City)

Honorary Member

Classification: Social Service
Pokhara-33
Spouse: Pushpa Acharya
Tel: 9851052471
Email: dracharya2002@gmail.com
DOB: 12/17, Blood: A+ve

CH:2



Rtn. Bhendra Kumar Shrestha

Classification: Hoteller

New Solitary Lodge, Pokhara-6
Spouse: Urmila Shrestha
Tel: 061-461804 (O), 061-465315 (R)
Cell: 9856020667
Email: bhendra@hotmail.com
DOB: 4 Ashwin WA: 30 Baishakh
Blood: B+ve

CH:2



Rtn. Bharat K.C. (PHF)

Classification: Electronic Retailing

B.G. Electronic, Pokhara-10
Spouse: Gita & Ganga K.C.
Tel: 061-430004, Cell: 9856021859
Email: kcbharat028@gmail.com
DOB: 16 Poush WA: 22 Falgun/Ashad 31
Blood: O+ve

CH:3



Rtn. Bhupendra Giri (PHF)

Classification: Furniture Industry

Spouse: Laxmi Giri
Tel: 061-463226, Cell: 9856020104
Email: giribhupendra681@gmail.com
DOB: 29 Magh WA: 25 Mangsir
Blood: O-ve

CH:3



Rtn. Er. Bikendra Kumar Tajhya (PHF)

Classification: Civil Engineer
Tajhya Engineering Consultancy Pvt. Ltd.
Spouse: Yamuna Shrestha (Tajhya)
Tel: 061-539806, Cell: 9856029761
Email: tajhyaengineering@gmail.com
DOB: 19 Baishakh WA: 7 Magh
Blood: A+ve

CH:1



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Rtn. Chinu Ranabhat (PHF)

Classification: School Management
Fishtail Academy
Pokhara-17, Pardi
Spouse: Anju Basnet Ranabhat
CH:2
Tel: 061-460098, Cell: 9856020098
Email: fishtailbs@wlink.com.np
DOB: 14 Poush WA: 24 Falgun
Blood: O+ve



Rtn. Devendra Joshi (PHF)

Classification: Electronic Retailing
Pokhara Impex, Newroad, Pokhara
Spouse: Kokil Shrestha Joshi CH:1
Tel: 061-534735 (O), 061-534537 (R)
Cell: 9856024560
Email: pkrimpex@yahoo.com
DOB: 15 Jestha WA: 9 Magh
Blood: A+ve



Rtn. Dhananjaya Singh (David) MPH

Classification: Restaurant
AM/PM Organic Cafe, Lakeside, Pokhara
Spouse: Pooja Mahato CH:1
Tel: 061-466339 (O)
Cell: 9856077366
Email: dhananjaya2@gmail.com
DOB: 21 May WA: 14 May
Blood: O+ve



Rtn. Dipendra Shrestha

Classification: Media
Everest FM Pokhara, 93 MHz
Spouse: Sajani Maju CH: 2
Tel: 061-543840 (R)
Cell: 9856004245
Email: ceodipen@gmail.com
DOB: 16 Falgun WA: Shree Panchami
Blood: O+ve



Rtn. Gopal Shrestha (PHF)

Classification: Foreign Employment Service
Pokhara-7, Airport, Nepal
Spouse: Ramma Shrestha CH:3
Tel: 061-538773 (O), 061-465553 (R)
Cell: 9846027868
Email: possrijan@gmail.com
DOB: 16 Ashoj WA: 8 Mangsir
Blood: O+ve



Rtn. Hemraj Gautam (PHF)

Classification: Electronic Retailing
Gautam Electric & Electronic Centre, Pvt. Ltd.
Spouse: Sabitri Gautam CH: 3
Tel: 061-526101 (R), 061-533529 (O)
Cell: 9856004242
Email: hemraj8@gmail.com
DOB: 18 Shrawan WA: 9 Baishakh
Blood: O+ve



Rtn. Indra Bdr. Thapa (PHF)

Classification: Teaching (Science/Health)
Pokhara-7, Nagdhunga
Spouse: Meena Chhetri Thapa CH: 2
Tel: 061-533726 (O), 061-466038 (R)
Cell: 9856031751
Email: indrathapachhetriitc@gmail.com
DOB: 8 Jestha WA: 28 Mangsir
Blood: O+ve



Rtn. Er. Kishor Kumar Shrestha (PHF)

Classification: Civil/Environmental Engineering
Fewa Consulting Engineers & Associates
Spouse: Er. Bimala Piya (Shrestha) CH:2
Tel: 061-533465 (R)
Cell: 9856023563
Email: kishor103@gmail.com
DOB: 2 Falgun WA: 17 Falgun
Blood: A+ve



Rtn. Mohan Prasad Banstola (PHF)

Classification: Social Service
Pokhara-11, Fulbari
Spouse: Narayani Banstola CH:2
Tel: 061-537436
Cell: 9856021988
Email: mabanstola21988@gmail.com
DOB: 26 Poush WA: 6 Jestha
Blood: B+ve



Rtn. Puspa Raj Parajuli (PHF)

Classification: Trading
Pokhara-15
Spouse: Ambika Parajuli CH: 3
Tel: 061-430473 (R)
Cell: 9856023224
Email: pushpa23224@gmail.com
DOB: 15 Kartik WA: 9 Falgun
Blood: A+ve



Rtn. Raj Kumar Gurung (PHF)

Classification: Restaurant Business
Dheentheba Fast Food & Coffee House
Spouse: Nanda Kumari Gurung CH:2
Pokhara-7, Airport
Tel: 061-454512 (R) Cell: 9856022659
Email: rajkumar.gurung061@gmail.com
DOB: 10 May WA: 1 Bhadra
Blood: A+ve



Rtn. Ravindra Gurung (PHF)

Classification: Social Service
Spouse: Deepmala Shrestha Gurung CH:1
Pokhara-15, Nayagaun
Tel: 061-432453 (R) Cell: 9856023479
Email: ravindragurung@hotmail.com
DOB: 13 May WA: 13 Baishakh
Blood: B+ve



Rtn. Shankar Dhungana (PHF)

Classification: TAX Consultant
Spouse: Sita Dhungana CH: 2
Pokhara-5, Parsyang
Tel: 061-535726 (O), 061-520551 (R)
Cell: 9856026807
Email: shankardhungana75@gmail.com
DOB: 27 Ashad WA: 31 Ashad
Blood: O+ve



Rtn. Siddhartha Lavaju (PHF)

Classification: Liquor Business
Spouse: Menuka Lavaju CH:2
Pokhara-9, Mahendrapool
Tel: 061-520183 (R) Cell: 9856020143
Email: siddharthalavaju@yahoo.com
DOB: 21 Jestha WA: 25 Falgun
Blood: AB+ve

